

# National Occupational Standards for Work with Parents

**WWP 306**

Enable parents to reflect on the influences on parenting and the parent-child relationship

## **Introduction**

### **What is this unit about?**

This unit is about helping parents in their parenting role to recognise the way in which parent child relationships can be affected by a wide range of factors

### **Who is this unit for?**

This unit is for anyone who provides parenting services and support working largely unsupervised or in a supervisory role

### **Principles and values**

You must work within the principles and values of the sector in order to achieve this unit

### **Content of the unit**

The elements are:

1. Help parents to look at influences on parenting and recognise their effects
2. Work with parents to use knowledge and awareness of influences on parenting

### **Place in NVQ/SVQ Framework**

This is an optional unit at level 3

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### Links to Key and Core Skills

This unit will provide some evidence for the following QCA Key Skills

and the following SQA Core Skills

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<b>What we mean by some of the words used in this unit</b>	
Influences	The factors which can affect the way parents relate to children, such as : culture, values, beliefs, environment, health, education, deprivation, abuse, substance abuse, financial problems, criminal activity etc
Assertively	Calmly, firmly and clearly without aggression

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### The National Standard

#### Element

**WWP 306.1**

**Help parents to look at influences on parenting and recognise their effects**

#### Performance criteria

To meet the National Standard you must show that you:

1. Use a respectful approach when interacting with parents that demonstrates they are valued as knowledgeable individuals
2. Assess parents' awareness of the influences on their approach to parenting
3. Encourage parents to consider the cultural, social, emotional and financial influences on parenting
4. Encourage parents consider how their personal values and beliefs influence their approach to parenting
5. Help parents to recognise how level and extent of their children's needs influences their parenting
6. Help parents to identify life changes that affect parenting
7. Help parents to identify how their personal circumstances and their own experience of receiving parenting influence their parenting
8. Assist parents to recognise and identify how other family members affect their parenting
9. Enable parents to understand the effects of different parenting styles and approaches on children
10. Challenge parents assertively when appropriate

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### **Element**

**WWP 306.2**

**Work with parents to use knowledge and awareness of influences on parenting**

### **The National Standard**

### **Performance criteria**

To meet the National Standard you must show that you:

1. Encourage parents to identify strengths and personal experience that will support effective parenting
2. Help parents to identify current challenges to their parenting capacity and the factors which influence them
3. Help parents to use their knowledge and understanding of influences to develop strategies for adapting their parenting styles to meet challenges
4. Encourage parents to take a graduated approach to change in their parenting style
5. Help parents consider ways of reviewing the effectiveness of the strategies

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### What you must know and understand

To be competent in this unit you must know and understand the following:-

	The ethos of the partnership model of working and its implications for practice
	How to assess parents' awareness of the social, emotional and financial influences on parenting
	How to sensitively encourage parents to identify their personal values and beliefs, experiences of being parented, being a child and different life changes, and how these influence their approach to parenting
	Why you should acknowledge and validate parents' experiences and how you can do this
	Where parents may obtain information about parenting
	The variety of family structures
	Societal expectations of the function of the family and parental roles and responsibilities
	The social, cultural and economic factors which affect the way in which parents carry out their roles and what the effects may be
	The ways in which the family links with the wider community and positive and negative effects on parents and children
	The effects of gender expectations on mothering and fathering
	How parents' own experience of being parented and of being a child may affect their own parenting
	The principles of family dynamics and how these may influence parents
	How stress influences parenting

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	The importance of being able to challenge parents assertively and ways of doing this
	Why it is important to encourage parents to recognise and value their personal strengths
	What is meant by a graduated approach to change and how you can use this to help parents change their parenting approach
	How to raise awareness of the level and extent of children's needs and how this influences parenting