

WWP 309

Work with parents to understand and meet their own needs

Introduction

What is this unit about?

This unit is about practitioners supporting parents in exploring their own needs and working in partnership with parents to look at the ways in which their needs can be met.

Who is this unit for?

This unit is for you if you work directly with parents, and usually unsupervised or in a supervisory role

Principles and values

You must work within the principles and values of the sector in order to achieve this unit

Content of unit.

The elements are: -

1. Facilitate exploration of parents' needs
2. Work with parents to help them meet their identified needs

Place in the NVQ/SVQ Framework

This is an optional unit at level 3

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Links to Key and Core Skills

This unit will provide some evidence for the following QCA Key Skills:

and the following SQA Core Skills:

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What do we mean by some of the words used in this unit	
Needs	What individuals require in order to maintain emotional and physical well-being
Particular/specialist help	Help which requires skills and expertise beyond that of the parenting practitioner. For example, this may be medical, legal, social, welfare rights, housing, mental health expertise

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Element WWP 309.1 Facilitate exploration of parents' needs

The National Standard

Performance criteria

To meet the national standard you must show that you:-

1. Use a respectful approach when interacting with parents that demonstrates they are valued and knowledgeable individuals and acknowledge and validate their experience
2. Help parents identify the most important issues facing them
3. Help parents to recognise the connection between the mental and emotional health of parents and that of their children
4. Help parents to recognise the changes which parenthood makes to parents' lives including relationships between parents
5. Reassure parents of the confidentiality of any information, unless children's well-being is at risk
6. Allow parents time and space to express their feelings comfortably
7. Help parents to understand and acknowledge difficult feelings
8. Challenge parents assertively when appropriate
9. Assist parents to access appropriate information and support
10. Recognise when particular/specialist help is needed and how to refer parents to appropriate services

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Element WWP 309.2 Work with parents to help them meet their identified needs

The National Standard

Performance criteria

To meet the national standard you must show that you:-

1. Use information to help parents to identify the options available to them
2. Help parents to identify an effective course of action to meet their needs
3. Encourage parents to access the support they have identified
4. Respect the individual's decisions and preferred course of action or non-action
5. Help parents to monitor, review and make improvements to their chosen course of action
6. Help parents to make choices about balancing meeting their own and their children's needs
7. Help parents to explore the issues and make their own decisions about balancing child care, work and home where appropriate
8. Enable parents to explore ways of building adult relationships within and beyond the family
9. Help parents to develop strategies for communicating effectively with the range of professionals with whom they will come into contact through their children
10. Recognise when particular/specialist help is needed and how to refer parents to appropriate services

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What you must know and understand

To be competent in this unit, you must know and understand the following:-

	Sources of information and support available to parents
	Local statutory or voluntary organisations providing support for parents
	How parents can access sources of information
	Why it is important to use a non-judgmental approach when discussing issues with parents
	Why it is important to respect parents' decisions about the course of action they choose to take, even if this is no action at all
	The implications of parents not taking any action to meet their needs and how you make parents aware of this
	Importance of using a respectful approach when interacting with parents that demonstrates they are valued as knowledgeable individuals
	Importance of being able to challenge parents assertively and ways of doing this
	Social, cultural and economic pressures on parents
	The effect of gender expectations on parenting
	The effect of particular physical and psychological contexts on parents and how they function
	The contribution of extended family to the experiences of parents and children
	The changes which parenthood makes to parents lives
	The effect of parenthood on parents' relationships with each other
	The connection between the mental and emotional health of parents and that of their children
	The effect on parents of the developmental stages of their children as appropriate

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	The practical and emotional implications for parents of managing childcare, work and home
	The importance of developing and maintaining adult relationships within and beyond the family and ways of achieving this
	The importance of and approaches to parents developing healthy relationships with the range of practitioners with whom they will come into contact through their children
	How to recognise when particular/specialist help is needed and how to refer parents to appropriate services